



How Can I Manage Neuropathic Pain?

Neuropathic pain is caused by damage to the peripheral or central nervous system. You may feel a shooting pain in different parts of your body. Neuropathic pain may be caused by a tumor or from cancer treatment.

Here are tips and techniques that you can discuss with your healthcare provider to relieve neuropathic pain.

Patient Education Sheet

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Most Helpful

- **Coanalgesic drugs:** Your healthcare provider may prescribe a variety of medications to alleviate your pain, including
 - Anticonvulsants
 - Antidepressants
 - Local anesthetics.

- **Opioid drugs:** If you experience severe acute neuropathic pain, your healthcare provider also may prescribe drugs such as tramadol. Side effects including dizziness, nausea, and constipation may occur. Be sure to talk to your healthcare provider if you experience side effects.

May or May Not Be Helpful

- **Sympatholytic agents:** Your healthcare provider may prescribe these drugs, which are injected into the spinal column. However, these drugs may have side effects on your heart rate or blood pressure. Talk to your healthcare provider if you experience side effects.

Questions for Your Healthcare Provider

Always consult your healthcare provider before adding any new treatments or other interventions into your routine.

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